

CENTRAL OAHU JIU-JITSU ACADEMY

CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			7:45 - 8:30 AM RD CLASS	
	8:30 - 9:15 AM Gracie Combatives	8:00 - 9:00 AM Master Cycle	8:30 - 9:15 AM Gracie Combatives	8:00 - 9:00 AM Master Cycle
4:00 - 4:30 PM Ages 3 - 5	3:45 - 4:30 PM Ages 6 - 14 Beginners	9:30 - 10:15 AM Ages 6 - 14 Beginners	3:45 - 4:30 PM Ages 6 - 14 Beginners	9:30 - 10:15 AM Ages 6 - 14 Beginners
5:00 - 5:45 PM Ages 6 - 14 Beginners	5:00 - 5:45 PM Ages 7 - 14 Advanced	4:00 - 4:30 PM Ages 3 - 5	5:00 - 5:45 PM Ages 7 - 14 Advanced	
6:15 - 7:00 PM Gracie Combatives	6:15 - 7:00 PM Gracie Combatives	5:00 - 5:45 PM Ages 6 - 14 Beginners	6:15 - 7:00 PM Gracie Combatives	6:15 - 7:00 PM RD CLASS
7:30 - 9:00 PM Master Cycle	7:30 - 9:00 PM Adult Advanced BJJ	6:15 - 7:00 PM Women Empowered	7:30 - 9:00 PM Master Cycle	7:30 - 9:00 PM Open Mat Ages 10 + STUDENTS ONLY

POC: Noel Kauanui
 Phone: 808-366-2996
 Email: info@cobjj.com
 Website: www.cobjj.com
 Address:
 401 North Cane St. #A3
 Wahiawa, HI 96786



PRICES:

- Adult BJJ/Combatives - **\$125/Month** (Includes FREE Gracie Combatives Access)
 - Women Empowered - **\$45/Month** (Includes FREE Women Empowered Access)
 - Kids (3-5) - **\$65/Month** (Includes FREE Gracie Games Access)
 - Kids (5-14) - **\$95/Month** (Includes FREE Gracie Jr. Grapplers Access)
- 20% Military/Law Enforcement Discount
 20% Multiple Family Members
 Discounts cannot be combined

10 Consecutive days FREE trial!!!